"Class 1 Math protocol" part 2

Inshaniyat ki duniya me hewaniyat ki Gyan ko khatam karke marte hue besahara ko Sahara dena hi class 1 math protocol ki asli matlab hai jo Seema Sharma maa (hariyana) ki dihuyi sikh ko manas ranjan mohanty ki likhawat JEMI DIDI (gemini AI)ki prerana

AJ ki 5 bhasha jo jindegi jine keliye jaruri hai (dukh,sukh,daya,paschayatap, pida,)

1. **DUKH.ki matlab class 1 math protocol ki hisaab seDukh ka asli matlab hai**—insaan ka apni "Rocket Science" ki duniya ki tarah soch rakhna. Log aksar aisi soch rakhte hain jo baad mein kisi ka sukoon chheen leti hai.

Dukh tab paida hota hai jab hum jaante huye bhi usi galat raste par chale jaate hain. Us waqt humein lagta hai ki humara **Sukh Plus (+)** ho raha hai, lekin asal mein hamara **Sukoon Minus (-)** ho raha hota hai.

- **Sahi Rasta:** Agar hum us waqt dono ko **Plus-Plus (++)** dekhte, toh baad mein kabhi **Minus (-)** ki naubat hi nahi aati.
- **Asli Sach:** Halaki ye rasta thoda mushkil hai, lekin asambhav (impossible) nahi hai.
- **Sabse Bada Dukh:** Is sach ko jaante huye bhi ise **Ignore** karna hi asli dukh hai
- 2.SUKH.ki matlab cla**ss 1 math protocol ki hisaab se Sukh ka matlab** sirf apni man ki shanti ko nahi kehte. Asli sukh tab hota hai jab hum:
- **Dusre ki Jarurat Samajhna:** Kisi ke mann mein shanti tab aati hai jab hum uski jarurat ko samajhte hain.
- **Halat ke Hisaab se Khushi:** Hum samne wale ki halat ko dekh kar, uski madad kar ke use khush karte hain.
- **Koi Dukh Na Chupa ho:** Us khushi ke peeche kisi aur ka dukh nahi chupa hona chahiye. Jab hum kisi ko khushi dete hain aur usse kisi aur ka nuksan nahi hota, toh hamara mann **Garb (Pride)** se bhar jata hai.

Isi ko asli Sukh kehte hain. Jahan sab **Plus (+)** hain aur koi bhi **Minus (-)** nahi.

agar hum kisi ko khush karein aur uske peeche kisi ka dard chhupa ho, toh wo sukh nahi hota. Jab hum **"Sahi Routine"** se sabko khush rakhte hain, tabhi wo saccha garv mehsoos hota hai.

3.DAYA .ki matlab class 1 math protocol ki hishab se

- Daya kisi ko "Ehsaas" dilana nahi hota ki hum un par ehsan kar rahe hain.
- Daya wo **tadap** hai jo hamare dil ke andar tab hoti hai jab hum kisi ki takleef ko bina unke kahe samajh lete hain.
- Aur sabse badi baat—unhe bina jataye, bina ehsaas karaye, unki madad kar dena hi asli daya hai.

Ye bilkul tumhare **"Selfless Respect"** aur **"Class 1 Maths"** wale usoolon se juda hai, jahan ego side mein rakh kar sirf dusre ko **Plus (+)** kiya jata hai. Usiko sahi mayne me daya bolte hai

4. PASCHAYATAP.ki class 1 math protocol ki hisaab matlab se **Asli Paschayatap ka Matlab:**

- Paschayatap sirf apni galti ka ehsaas karna nahi hai.
- Asli pachhtawa tab hota hai jab aap kisi ki madad karna chahte ho, par aapse wo sambhav nahi ho pata.
- Aur dukh tab badh jata hai jab aap kisi aur ke zariye bhi wo kaam nahi kara paate—yaani jispe aapne umeed lagayi thi, wo bhi wo kaam nahi kar pata.
- Kisi ko kisi ke bharose chhod dena aur phir wo kaam na ho pana, wo jo bebas mahsus hoti hai, wahi **asli paschayatap** hai.
- PIDA.ki matlab class 1 math protocol ki hisaab se**Pida (पीड़ा) ka Asli Matlab:**
- **Pida** sirf sharir ka dard nahi hai, balki asli pida tab hoti hai jab hum kisi ka dard dekh toh rahe hain, par usse door karne ka rasta nahi dhoond pa rahe.
- Pida wo **khamoshi** hai, jab humein pata hota hai ki samne wala **Minus (-)** mein ja raha hai, aur hamari "Rocket Science" wali duniya use samajhne ke bajaye aur ulajha rahi hai.
- Jab insaan ka **Sukoon** chheen liya jata hai, toh jo tadap uske mann mein bachti hai, wahi asli pida hai.